

MARLOW TOWN REGATTA

26th June 2021

COVID-19 MEASURES

This event is being run in accordance with government regulations and British Rowing guidance (Step 3).

The Marlow Rowing Club COVID Officer for this Event is Mike Parsons - 07545 093094 - mail hello@marlowrowingclub.org.uk

The following measures have been put in place to ensure everyone's safety and your compliance is essential. It is the responsibility of all competitors and other attendees to follow these instructions, so please make sure you read these thoroughly, in addition to the usual Instructions for Competitors.

GENERAL

Follow the government's guidance on isolation and do not attend if:

- * You or a householder are symptomatic or have the disease
- * You or a householder are vulnerable and are shielding
- * You have been to a country where there is a requirement to isolate upon return
- * You have been contacted by NHS Test and Trace and asked to isolate

If anyone develops symptoms during the course of the day they should leave immediately and inform the COVID-19 Officer by phone.

If anyone develops symptoms after the event they should inform the COVID-19 Officer by phone.

ATTENDEES – TEST & TRACE

An NHS Test and Trace QR code for the event will be available in the trailer field and at Marlow Rowing Club. Copies will be provided to each trailer. All attendees at the Event are asked to register.

Each club will be required to complete one Club COVID Declaration on behalf of all competitors and any others attending in support of their competitors: <https://forms.gle/W51wPwC2QigsPc0y8>

Contact details for competitors will be collected via BROE2.

A list of contact details for coaches and other support staff who will be attending the event will be required from each club. The completed form (below) should be sent by email to entries@marlowrowingclub.org.uk by end of day Thursday 24th June. This information will be retained for 21 days for Test and Trace purposes.



Club Contact List.xlsx

Wrist bands will be provided for all named coaches and support staff. These will allow access to the trailer field and boating area. Anyone in these areas without a wrist band will be challenged by event marshals.

Each club will nominate a COVID Officer who will be present on the day. The COVID Officer will be responsible for ensuring the COVID-secure behaviour of their squad members, helping to reinforce mask-wearing, social distancing, hygiene and adherence to one-way patterns.

PARKING

One towing vehicle will be permitted in the trailer field.

Parking (free of charge) will be available in the usual Regatta car park off Lower Pound Lane for club minibuses, coaches and other support staff, adult competitors, officials and volunteers.

Parking in the Regatta car park will not be available for spectators.

DROP-OFF & PICK-UP

Drivers are asked to drop off and pick up competitors in the Court Garden Leisure complex car park on Pound Lane, not at the Regatta car park. From there it is a 5-minute walk across Higginson Park to the trailer field.

SPECTATORS

Spectators are asked not to attend Marlow Town Regatta. Spectators will not be permitted in the trailer field, in the boating area or on the pontoons.

Marlow Town Festival will not be taking place this year so there will be no regatta enclosure in Higginson Park. The planned May Fayre in the park has also been cancelled.

Clubs are asked to actively discourage parents and other spectators from attending the Regatta.

TRAILER FIELD SPACES

Each Club will be assigned a designated area in the trailer field for parking their trailer and one towing vehicle. There will also be space for boat rigging and a small gazebo. Gazebos may only be

erected within your designated area in the trailer field. Please note that, without exception, gazebos **MUST NOT** be erected against the fence/hedges. This area must be kept clear for the one-way boating system to be effective.

Competitors and their coaches are considered a bubble and should remain within their allocated space as much as possible and avoid mixing with anyone from outside their club. **Face masks must be worn** when moving around the field outside the allocated space.

HYGIENE

Each club will be expected to bring their own supplies of masks and sanitiser.

Competitors and coaches are reminded that **masks must be worn** when moving around the trailer field outside the designated club area, on the pontoons and when using toilets. Social distancing of 2m should be maintained wherever possible.

Masks are not required in the boat, with the exception of coxes who must follow BR guidance.

REGISTRATION

Coaches are not required to present themselves at Registration. Packages containing Bow Numbers and Race Numbers for all crews will be delivered to each trailer.

BROE2 will remain open until 18:00 on Saturday 26th June for entry of substitutions.

All substitutions should be recorded on BROE2 at least 30 minutes before the crew's first race. Spot checks of crew composition will be performed.

Please report any scratchings on the day by text to Helen Thompson (07902 352217).

Bow Numbers should be returned to Registration after racing and placed in the crates provided.

COX WEIGH-IN

Scales will be available at Registration and coxes will be asked to weigh themselves. Wristbands indicating whether the cox meets the required weight (green) or not (red) will be issued.

Crews with under-weight coxes should provide their own dead-weights as appropriate. Spot checks will be performed.

BOATING

Crews should arrive at the boating area 25 minutes before their race time. Crews must follow the one way system for boating and returning, and obey any instructions given by the boating marshals. Face masks must be worn when moving to and from the boating area.

Blades must not be left near the towpath, but should be brought to the boating area at the same time as the boat. Please ensure you have sufficient support staff to be able to do this.

One crew at a time will be allowed on each boating pontoon. Only designated club coaches and support staff will be allowed on the pontoons to assist crews in boating and pushing off quickly. Regatta marshals by the pontoons will be maintaining 2 metre distance from crews and therefore will not be allowed to assist with boating.

Shoes should be taken in the boat or immediately cleared away from the boating area. Please bring crates or bags as necessary.

RACING

Races will be scheduled every 6 minutes (vs the usual 3-minute interval) in order to reduce congestion in the boating area and allow greater social distancing.

In order to cut down on traffic on the boating pontoons, the winners of each heat will **remain on the water** and immediately make their way back to the start for their finals. An interval of at least 15 minutes will be allowed between heat and final.

RESULTS

Results will be made available on Twitter (Marlow Town Regatta Results, @TownMarlow, <https://twitter.com/TownMarlow>) shortly after the end of each race.

MEDALS

Medals will be awarded to the winning crew of each Event or Band. Medals will not be presented to individual crews. The club coach, or one designee, should present themselves at Registration shortly after the end of each Wave. We will provide you with medals for all your winners so that you can present them within your bubbles.

FACILITIES

There will be no catering or water provided in the trailer field this year, so please ensure that all attendees bring adequate supplies of food and water for the day.

Toilet facilities with hand sanitisers will be available in the trailer field. There are no showering or changing facilities in the field.

There are no waste bins but we'll provide you with bin liners, so please take all your rubbish away with you.

A First Aid ambulance will be situated just adjacent to the trailer field.