

Risk Assessment

Club	Marlow Rowing Club	Date:	22 March 2021
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No:	Hazard	Reduce probability a Hazard causing a Hazardous Event		Hazardous Event	Reduce the Severity of Harm		Harm	Severity (1-5)	Probability (A-E)	Level of Risk (L/M/S/I)	Action Owners					
		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Lead Coach	Event C19 Marshal	Truck Drivers & Passengers	Rowers	other	
General																
1	Symptomatic carrier, or, person who is expected to isolate, attends the event in some capacity	Reiteration of current Government guidance and legislation on symptomatic isolation or isolation for any other reasons	Communicate in the event briefing notes / instructions to clubs and competitors - ensure that is clear that we will not expect tghoise required to isolate to attend	Carrier infects other participants	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X		
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X		
							life changing illness or death	5	B	Substantial	X	X		X		
2	Person who is shielding involved at the event and exposed to a carrier or contaminated surface	Those shileding advised to not attend the event	Communicate in the event briefing notes / instructions to clubs and competitors - ensure that is clear that we will not expect shielders to participate	shielder becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X		
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X		
			General advice to public				lifechanging illness or death	5	B	Substantial	X	X		X		
Derigging, Loading, Unloading and Rigging																
1	Exposure to COVID 19 by asymptomatic carier - droplet or aerosol	Maintain as large a gap as possible between those involved, ideally 2m or more	In event briefing notes - appoint COVID marshal for event and police as appropriate	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X		
2		All wear a face mask when loading, unloading, rigging and de-rigging	In event briefing notes - appoint COVID marshal for event and police as appropriate. Provide disposable face masks		severe illness	4	C	Substantial	X	X		X				
		People with symptoms self-isolate	General advice to public and reminder on event briefing notes		treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	B	Substantial	X	X		X		

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		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Lead Coach	Event C19 Marshall	Truck Drivers & Passengers	Rowers	other	
3	Exposure to COVID 19 by asymptomatic carrier - surface transmission	Alcohol hand wash before and after activity	In event briefing notes, observe and remind as necessary and provide alcohol hand wash as required				interchanging illness or death	3	C	Substantial	X	X	X	X		
Travel to the club and event - including truck driver and passenger																
1	exposure to Covid 19 by public transport or in a car with someone from a different household	other people wear a mask or face covering	general advice to the public	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X		X	X	X	
2		everyone maintains social distancing			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X		X	X	X	X
3		people with symptoms self-isolate					lifelong illness or death	5	B	Substantial	X		X	X	X	X
1	exposure to Covid 19 by someone from a different household travelling in the club truck	Both occupants wear a mask or face covering. Only two people in the truck. Open windows and ventilate well if possible. Clean contact surfaces before and after use	general advice to the public	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X		X			
2		everyone maintains social distancing			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X		X			
3		people with symptoms self-isolate					lifelong illness or death	5	B	Substantial	X		X			
4	exposure to Covid 19 in private a car when travelling to or from the club	ensure that cars contain members of one household only	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X		X	X	X	
5					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low	X		X	X	X	
6							lifelong illness or death	5	A	Moderate	X		X	X	X	
7	exposure to Covid 19 when walking or cycling to the club/event	other people wear a mask or face covering	general advice to the public	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X		X	X	X	
8		everyone maintains social distancing			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	A	Low	X		X	X	X	
9		people with symptoms self-isolate					lifelong illness or death	5	A	Moderate	X		X	X	X	
10	exposure to Covid 19 when using the club changing facilities	segregate toilet facilities and provide sanitiser. Other changing room use not allowed.	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	A	Low	X		X	X	X	
11		advise rowers to travel to the club wearing the kit that they			treatment by NHS	NHS does not become overwhelmed	severe illness	4	A	Low	X		X	X	X	

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		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Lead Coach	Event C19 Marshall	Truck Drivers & Passengers	Rowers	other	
12		intend to row in and to travel home to shower and change			treatment by NHS	with cases	lifechanging illness or death	5	A	Moderate	X		X	X	X	
Rowers, Coaches and Others In Pens Place Field																
13	Exposure to COVID 19 by asymptomatic carrier - droplet or aerosol	Ensure that everyone who has been exposed does not attend	Club advice to rowers and coaches, and new club rules. Provide the equipment needed. (Disinfectant can be consist of a dilute solution of bleach in water.) Display the hand washing poster.	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X				X	
14		limit the number of people in the field by cutting invited club numbers down			rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X			X	
15		at the start and end of each visit disinfect all surfaces (doors, locks, window catches, taps, etc.) that will be touched			NHS does not become overwhelmed with cases	severe illness	4	B	Moderate			X				
16		visiting clubs to appoint a COVID marshal to ensure that everyone in their club maintains social distancing (>2 metres) and wears a face mask when not in the boat			NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X				X	
17		appoint MRC marshalls to help rowers cross the footpath without coming close to or injuring members of the public			NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X				X	
18		Ask visiting clubs to bring a suitable supply of PPE, appropriate cleaning materials and alcohol wash hand. Ask rowers to clean thoroughly at the start of each outing and before leaving to travel home			NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X				X	
19	exposure within the clubhouse	prohibit the use of the MRC clubhouse			rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X		X		
20	contaminated surfaces (boats, etc)	Recommend that rowers wipe boats and other rowing kit with disinfectant the start and end of each period of use (i.e. before and after each person uses the equipment). Clubs to bring their own PPE and sanitation supplies	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X		X		
21		Visiting club and MRC marshalls to ensure that the visiting clubs stay in their own areas and boat separately			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X			X	
22		Visit club and MRC marshalls to ensure that the visiting clubs stay in their own areas and boat separately			treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X			X	
23	person who is shielding visits the boathouse	Do not permit a person who is shielding to attend	government advice to people who are shielding and new club rules	person who is shielding becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X		X		
24					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate	X	X			X	
25					treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X			X	
Accessing equipment in the Boathouse and returning the equipment after use - At MRC																
13		Ensure that everyone who has been exposed does not visit the boathouse			rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X				X	
14		limit the number of people in the boathouse at any one time (no more than one crew per bay).			rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate	X	X			X	

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		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Lead Coach	Event C19 Marshall	Truck Drivers & Passengers	Rowers	other			
15	Exposure to COVID 19 by asymptomatic carrier - droplet or aerosol	at the start and end of each visit disinfect all surfaces (doors, locks, window catches, taps, etc.) that will be touched	Club advice to rowers and coaches, and new club rules. Provide the equipment needed. (Disinfectant can be consist of a dilute solution of bleach in water.) Display the hand washing poster.	rower or coach becomes infected with COVID-19	treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate		X						
16		ensure that everyone in the boathouse maintains social distancing (>2 metres) and wears a mask when not in a boat, on an ergo or in the weights cage									X	X		X				
17		keep the boathouse well ventilated (open all doors and windows in the boathouse, switch on all mechanical ventilation (if any))									X	X		X				
18		Alcohol wash hands thoroughly at the start of each outing and before leaving to travel home									X	X		X				
19		prohibit the use of the clubhouse beyond toilet access									X							
20	contaminated surfaces (boats, etc) within the boathouse	Wipe boats and other rowing kit with disinfectant the start and end of each period of use (i.e. before and after each person uses the equipment).	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	treatment by NHS	NHS does not become overwhelmed with cases	minor illness	3	C	Moderate	X	X		X				
21		Ensure that the UTRC and MRC rowers stay in their own areas and boat seperately									X	X		X				
22											X	X		X				
23	person who is shielding visits the boathouse	Do not permit a person who is shielding to visit the boathouse	government advice to people who are shielding and new club rules	person who is shielding becomes infected with COVID-19	treatment by NHS	NHS does not become overwhelmed with cases	minor illness	3	C	Moderate	X	X		X				
24											severe illness	4	B	Moderate	X	X		X
25															lifechanging illness or death	5	A	Moderate
Going Afloat or landing																		
26	someone present is shedding the virus or has	ensure that there are not more than twelve people present on boating pontoon	Club advice to rowers and coaches, and new club	rower or coach becomes	treatment by NHS	(rower self isolates at home)	minor illness	3	C	Moderate	X	X		X				
27		ensure that the minimum separation distance of 2 metres is maintained unless in a crew carrying and getting in/out of boat. In this case maintaing as large a seperation as possible									severe illness	4	B	Moderate	X	X		X

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		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Lead Coach	Event C19 Marshall	Truck Drivers & Passengers	Rowers	other		
28	been in contact with someone else who is	MRC boating marshalls present to ensure boating and landing are done at a good pace and to make a socially distanced queue afloat and in the field	rules. Display the hand washing poster.	infected with COVID-19	treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	A	Moderate	X	X			X		
		Use alcohol handwash and sanitise contact points before and after use															
Rowing or Sculling																	
29	someone present is shedding the virus or has been in contact with someone else who is	maintain social distance between boats	Club advice to rowers and coaches, and new club rules	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	C	Moderate					X		
30		Follow the BR guidance on cox PPE. Rowers and cox use alcohol handwash before and after handling equipment. Sanitise equipment touch points before or after use. Maintain 2m separation and wear face mask when not in a boat.			treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	B	Moderate					X		
31								lifechanging illness or death	5	A	Moderate					X	
Use of the toilets																	
32	someone present is shedding the virus or has been in contact with someone else who is	only allow one person in the toilets at any one time	Club advice to rowers and coaches, and new club rules. Provide disinfecting materials and instructions	rower or coach becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X			X		
33									severe illness	4	C	Substantial	X	X		X	
34		person using the toilets disinfects every surface touched or likely to be touched (including the toilet seat) before and after each use			treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	B	Substantial	X	X				X	
Umpires																	
1	Exposure to COVID 19 by asymptomatic carrier - droplet or aerosol	Eliminate a face to face co-ordination meeting and run a distanced Zoom meeting	Agree the process with the Chief Umpire and provide an adequate Zoom link	Umpire becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X			X		
		Bank aligner at Bisham remains socially distanced	Brief the drivers and umpires ahead of time and on the day						severe illness	4	C	Substantial	X	X		X	
		For launch based umpires, (1) only driver and umpire on launch (2) sit side by side (3) driver and umpire wear face masks	Brief the drivers and umpires ahead of time and on the day														
		For finish line umpires (1) in three sided gazebo as a barrier to the general public (2) maintain social distancing in finish gazebo, limit to two seated (3) seated finish line officials socially distanced and side by side	Brief the drivers and umpires ahead of time and on the day											X	X		X
		Race control (name?) - competitors and coaches responsible for checkign safety features on boat. Landing stage marshalls to ensure bow ball fitted	Brief the competitors, coaches, and umpires ahead of time and on the day		treatment by NHS	NHS does not become overwhelmed with cases	lifechanging illness or death	5	B	Substantial	X	X			X		

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		Barriers	Action to maintain barriers		Controls	Action to maintain controls					Lead Coach	Event C19 Marshall	Truck Drivers & Passengers	Rowers	other
2	contaminated surfaces (boats, etc)	Provide each umpire and launch driver with (1) personal handwash bottle (2) alcohol wipe pack (>70% isopropyl alcohol) for use on radio, megaphone, flags, bells and any other touch surfaces	Brief the umpire to expect an Umpire pack and issue with radios	Umpire becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
Registration - Race Enquiries - Winners Medals															
1	Exposure to COVID 19 by asymptomatic carrier - droplet or aerosol	Pre-package numbers by club and deliver to trailer area, socially distanced and in a face mask Handle race enquires remotely by telephone Issue medals by post to the winning clubs	In event briefing notes In event briefing notes & on race numbers envelope & sign on returns box In event briefing notes	Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
2	contaminated surfaces (boats, etc)	Place number in a drop-box at the end of racing and leave for 72 hours before touching, or, spray with disinfectant	In event briefing notes for cmpeploirts. Label the box and place in visible location	Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
Volunteers Handling Setup and Strip Down															
1	Exposure to COVID 19 by asymptomatic carrier - droplet or aerosol	Wear face masks when in club premises, on a launch, in the workboat or in any other areas Remains osocially distanced where possible > 2m	Standard club COVID Secure controls + brief volunteers Standard club COVID Secure controls + brief volunteers	Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
2	contaminated surfaces (boats, etc)	Volunteers to use alcohol andwash when arriving at the club and when departing	Standard club COVID Secure controls + brief volunteers	Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
Catering															
1	Exposure to COVID 19 by asymptomatic carrier - droplet or aerosol	No competitor catering. Have Umpires and launch driver's lunches pre-packed and ready to collect with radios etc. Communicate that competitors need to broing own food and water. Either buy the lunches pre-packed or prepared ahead of time in an appropriate way	Agree with Regatta Committee - In event briefing notes	Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
2	contaminated surfaces (boats, etc)			Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
Start Control															
1	Exposure to COVID 19 by asymptomatic carrier - droplet or aerosol	Forstart line team (1) in open air if weather allows (2) maintain social distancing with two people seated max (3) seated finish line officials socially distanced and side by side	In the instructions for officials.	Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	
2	contaminated surfaces (boats, etc)	Provide each volunteer with (1) personal handwash bottle (2) alcohol wipe pack (>70% isopropyl alcohol) for use on radio and any other touch	Brief the volunteers and take the hygiebne kits up to the start	Volunteer becomes infected with COVID-19	rower or coach recovers without hospital treatment	(rower self isolates at home)	minor illness	3	D	Substantial	X	X		X	
					treatment by NHS	NHS does not become overwhelmed with cases	severe illness	4	C	Substantial	X	X		X	
							lifechanging illness or death	5	B	Substantial	X	X		X	