

MARLOW TOWN REGATTA

26th June 2021

INSTRUCTIONS TO COMPETITORS

Thank you for your entry. Please read, carefully and at least once, the following,

1. **Summary of COVID-19 Measures**
2. Draw and Race Timetable for your crews.
3. Copy of Safety Plan including the Course Map.
4. Map showing directions to the trailer parking, competitor parking and drop-off areas.
5. The following notes.

This event is being run in accordance with government regulations and British Rowing guidance (Step 3).

The Regatta	<ul style="list-style-type: none">• The regatta format divides the event into 3 mini-regattas; finals from Wave 1 will take place before heats for Wave 2 commence etc.
Parking	<ul style="list-style-type: none">• Towing vehicles may be parked in the boating meadow.• Club minibuses, and coaches and competitors cars must be parked in the Regatta car park off Lower Pound Lane.• Larger coaches must use the public car park at Court Garden Leisure Centre. This is also the drop-off and pick-up point for competitors.• There is no car parking for spectators.• The location of the Regatta in Higginson Park is SL7 2AE.
Registration	<ul style="list-style-type: none">• The Registration tent will be situated in the boating meadow.• Clubs/crews are not required to register in person; race numbers will be delivered to each trailer.• If you are likely to be delayed, advise Registration immediately. We can then assess if your race can be re-scheduled.• All crews will be issued with a number which must be fixed into an Empacher slot on the bow.• Two self-adhesive paper numbers will be issued to fix to bow's back; one for the outer layer of clothing and one for racing kit. Please ensure they are not obscured by hair, etc.

	<ul style="list-style-type: none"> Please ensure that all Bow numbers are returned to Registration after racing and placed in the crates provided.
Boating	<ul style="list-style-type: none"> We have a very tight timetable and will have to get races off on time. It is essential that you boat promptly and arrive at the Start in good time for your race. Please make sure that your crew boats no later than 20 minutes before the published race time. There will be random checks by the Raft Control Commissioner of crew composition, racing licences and boat compliance. Bow balls, heel restraints & hatch covers are YOUR responsibility. You will NOT be allowed afloat unless they are sound. Umpires will also be checking for single action straps for undoing shoes. Boats MUST display the correct 6 digit BR identification code. You risk disqualification if you don't comply. Competitors, particularly in coxless boats, please take care when proceeding to the start as there have been a number of trees blown into the river.
The Start	<ul style="list-style-type: none"> Any crew late at the start is liable to be excluded owing to the tight racing programme. The start will be at Bisham Sailing Club, slightly upstream from the usual start point at Bisham Abbey (non-Adaptive events) or Bisham Church (Adaptive events). Stakeboats will <u>NOT</u> be used. This makes starting less stressful for inexperienced crews. However we rely upon strict compliance with the instructions of the marshals and the Judge at the Start. We have a large entry with a tight racing timetable. Please brief your crews thoroughly on the Standard Start Procedure to avoid delay or anxiety to your competitors.
The Course	<ul style="list-style-type: none"> There are two Safety Boats on duty and the course is buoyed and marked at either end, in accordance with Environment Agency requirements. The finish will be at the Flagpole in Higginson Park (note this is slightly upstream of the usual finish). To avoid congestion at the finish, crews must proceed without delay as far as the BLUE turning buoy to the left. NO CREW, INCLUDING MARLOW CREWS, MAY PROCEED BELOW THE BRIDGE UNLESS USING THE LOCK. Note that Salters Steamers and the Little Green Boat Company will be operating from Higginson Park so exercise caution when returning to pontoons.
Adaptive Events	<ul style="list-style-type: none"> Adaptive events will be raced over approximately 500m. Visually Impaired (VI) Scullers who have steering responsibility for their boats may receive steering instructions by radio link from a dedicated steering guide boat (SG). Such instructions are

	to be limited to direction information (left, right, hard left etc), condition alerts (eg wash approaching) and progress on the course (eg half-way, 100m to go etc).
Prizes	<ul style="list-style-type: none"> • Medals will be provided to coaches of winning crews at the end of each Wave. • Don't forget to bring your BR Racing Licence or other form of photo ID with you to the regatta.
Catering	<ul style="list-style-type: none"> • No catering or water will be available in the trailer field. So please bring adequate supplies of food and water for the day.
Child Welfare	<ul style="list-style-type: none"> • Junior rowers are expected to be under the supervision and responsibility of parents and/or teachers while they are not afloat. A private 999 EMT (Medic) and vehicle, is available and the Regatta Child Welfare Officer can be contacted via Registration or contacted in confidence on the number displayed at Registration.
Medical Cover	<ul style="list-style-type: none"> • We have comprehensive radio coverage and a medical technician will be in attendance in the boating meadow throughout the day.
Regatta Enclosure	<ul style="list-style-type: none"> • Marlow Town Festival will not be running this year so there will be no Regatta Enclosure.

I wish you a successful and enjoyable regatta. If you have any queries or problems with your entries, please email entries@marlowrowingclub.org.uk or on the day contact Registration.

Regatta Contacts:

Chief Umpire	Russell Peacock	
Regatta Secretary	Peter Hunt	Mobile No. 07780 674111
Registration	Helen Thompson	Mobile No. 07902 352217
Child Welfare Officers	Julie Lyons	Mobile No. 07771 870223
	Helen Cousins	Mobile No. 07803 059586
Safety Adviser	Charles Hill	Mobile No. 07780 456976
COVID Officer	Mike Parsons	Mobile No. 07545 093094

Any regatta official can be contacted via Registration, Race Control, the Finish or by any official with a radio.