

Masters Squad Coach - Role Description

About Us

We are Marlow Rowing Club, a vibrant, thriving, forward-looking club with a large and diverse membership. We have over 500 active members of all ages across our competitive, development and recreational squads. Our lottery funded clubhouse is one of the best rowing facilities in the country, with a fabulous, well-equipped gym. We are the only rowing club on our stretch of the Thames and have shared access to a long stretch below Marlow lock. Our top-quality fleet is well maintained and, with an ambitious fundraising plan, is being renewed every year. Each squad has access to a range of boat types, some allocated, some shared. Don't take our word for it, come and take a look.

Our Women's and Men's Masters squads have been growing in size and quality over recent years, thanks to our ambitious adult learn-to-row programme and strong squad organisation. Masters' crews aspire to represent the club successfully at local club regattas and head races, and many go on to compete at Henley Masters and National Masters. We have also competed in strong numbers at World Masters in recent years. Squad members are expected to demonstrate commitment to all fitness and technical aspects of the training programme, as well as making a positive contribution to the running of the club.

Our Senior High-performance programme attracts high-quality athletes as well as developing home-grown talent to compete at the highest level events and this year recorded our largest ever entry at HWR and HRR. We have one the UK's largest and most successful, club-based Junior Squads that continues to grow and improve. Our junior members have an enviable record of wins at club and National level events. Marlow Rowing Club is recognised as a pioneer in the world of para rowing and are home to the UK's largest adaptive squad.

Our ambition is to continue to grow and develop our junior, senior and master's high-performance groups to become pre-eminent in the UK.

About You

You have competed or coached in at least one strong squad system and have achieved at a high level. As a consequence, you are credible as a coach at Club and Championship level and know what it takes to win at club and National events. You have developed a sound understanding of how to support and develop Masters athletes to reach their potential.

You are inclusive, know how to develop the talent pipeline, foster a 'whole squad' ethos and you have proven experience of encouraging athletes to be as good as they can be.

In addition to the above you will hold the following, or be prepared to work towards achieving:

- British Rowing coaching qualification, minimum Level Two, or be prepared to work towards achieving L2.

- Full driving licence
- Trailer driving qualification
- Powerboat RYA 2 or equivalent
- UK Anti-doping accredited advisors course
- BR – Safeguarding and Protecting Children

(Applications without some of these are acceptable provided you are willing to gain these in an agreed timescale)

Applicants must be able to provide evidence of having the right to live and work in the UK and be prepared to undergo a Disclosure and Barring Service check.

About the Job

The Masters Squad Coach will be responsible for a range of athletes of different ages, ability and experience.

The post holder will have the leadership skills to manage a large group of athletes and will:

- Develop and deliver a training program, tailored to support athlete development and progression.
- Coach land and water-based training sessions.
- Give detailed feedback and technical support to individual athletes as well as strategic guidance to the squad as a whole.
- Assist with rigging and maintaining the fleet and be involved in the organisation of the boathouse.
- Support the logistics required for time-trials, races and training camps.
- Be responsible for squad boat loading and trailer driving, if required.
- Work with the Senior and Junior Head Coaches as well as the Club Captain, our professional club coaches, and our team of volunteer coaches to build a cross-club approach and enable every coach to excel in their role.
- Work alongside effectively and communicate well with other squad coaches and squad leads.
- Co-ordinate with our Development and Improvers squad coaches to facilitate athlete development pathways.
- Communicate openly and frequently with the athletes in the squad and the elected squad representatives and promote a positive squad culture.
- Promote excellence in Masters rowing and maintain your own coaching education and development.
- Be responsible for adhering to and educating in clean sport and anti-doping rules.

The Rewards

This is a part-time position with an hourly rate commensurate with your experience and our ambition. We anticipate there being a yearly average of six to eight hours of coaching and administration time per week. Typically this would be three to four hours on Saturday and Sunday mornings, with one session midweek. This can be supplemented seasonally by

additional hours with the Junior or Adult learn to row programmes, or by supporting other groups or individuals. The post will be let on a self-employed basis. In addition, the club will support you to be the best possible coach you can be.

More than anything else, this is an opportunity to be part of a club with a great track record, an ambition to continue to grow and improve, and help shape the pathway to it being unquestionably the best in the country.

Be Part of The Journey

If you want to know more, please email captain@marlowrowingclub.org.uk

If you want to apply, please send a covering letter with your supporting statement and CV to the same address by Monday 25th October 2021. Interviews will take place shortly after with a view to starting as soon as possible.